

## Shey Gompa Festival tour August 2012

- Maybe the most exhilarating organized tour ever –



Festivalen sker endast vart 12:e år. Då samlas hela Dolpos befolkning för en veckas religiösa ceremonier i klostret. Alla som kan gå lär vara där – tusentals! Gissningsvis i sina finaste dräkter. Ledande buddister är inbjudna, inkl Dalai Lama, som knappast lär komma.

Har du sett bilderna som Christian Jutvik tog på höstens resa till Dolpo? Klicka på [titta i vår bildsamling](#). Här hittar du också en mängd annan information om Dolpo och praktiska förutsättningar.

Resan görs under monsunen. Detta innebär förutom att det regnar söder om Himalaya, att det också finns risk för att vägen till Jomsom är blockerad av jordskred. Sådana problem löser vi, men det kan ta längre tid än planerat. Dolpo ligger i regnskugga, norr om det vidsträckta Dhaulagirimassivet och får därför ytterst lite nederbörd. Helikopterfärden tillbaka görs för att korta resans längd med ca 12 dagar. Samtidigt är en helikopterfärd på 2,5 tim orsaken till att detta blir vår i särklass dyraste resa någonsin.

Christian Jutvik är ägare till Läs och Res och initiativtagare till den här resan. Han säger att "det här blir min mest spännande resa någonsin". Ändå har han haft förmånen att göra ca två längre resor årligen sedan 1969. Christian är alltså med på resan.

### Resplan

#### Fri 10.8 Day 1

Arrival at Kathmandu and transfer to Shiva Guesthouse in Bhaktapur. You must be in the hotel before 12.00.

Start the process of obtaining all permits.

### **Sat 11.8 Day 2**

Walk around in this world-heritage town, shopping and get more information, over night in Bhaktapur.

### **Sun 12.8 Day 3**

Bus to Pokhara. Stay at Himalaya Inn hotel.

### **Mon 13.8 Day 4**

Jeeps to Jomsom. Over night at Jomsom (2720m).

### **14.8 Day 5**

Trek to Phalyak 3175 m (it takes you 4/5 hrs) over night at tented camp.

### **15-16.8 Day 6-7**

Trek from Phalyak to Bhoma logun-la (4460m). Over night at tented camp. This climb is probably too much to be completed in one day. Hence we have added one more day, just to be safe.

### **17.8 Day 8**

Trek from Bhoma logun-la to Jhyanse (4195m) it takes you 6/7 hrs over night at tented camp.

### **18.8 Day 9**

Trek from Jhyanse to Jungben-la (5550m) it takes you about 7 hrs over night at tented camp. The camp is below this high pass.

### **19.8 Day 10**

Trek from Jungben-la to Nulungsumde kharka (4987m) it takes you about 7hrs over night at tented camp.

### **20.8 Day 11**

Trek from Nulungsumde kharka to chharka tulusi/khola camp (4380m) it takes you about 6 hrs walk, over night at tented camp.

### **21.8 Day 12**

Trek from chharka tulusi/khola camp to Chharkabhot (4302m) it takes you about 5 hrs walk, over night at tented camp.

### **22.8 Day 13**

One day in "the most beautiful village in the world".

### **23.8 Day 14**

Trek from Chharkabhot to myantokti khola (5100m) it takes you about 6 hrs walk, over night at tented camp.

### **24.8 Day 15**

Trek from myantokti khola to Dho (3944m Tarap valley) it takes you about 7hrs walk, over night at tented camp. From this route you will also see Dhaulagiri 8140 m.

### **25.8 Day 16**

Rest day at Dho. This is a famous village in the most fertile valley of upper Dolpo. Many of the monasteries are situated here. Many of the photos you may find on internet is also from Tarap valley.

### **26.8 Day 17**

Trek from Dho to Tungyalaphu Odar (4797m in Tarap valley) it takes you about 6 hrs, over night at tented camp.

### **27.8 Day 18**

Trek from Tungyalaphu Odar to campside (4700m in Tarap valley ) it takes you about 6 hrs, over night at tented camp.

### **28.8 Day 19**

Trek from campside to dachen khola (4972m Tarap valley ) it takes you about 6 hrs, over night at tented camp.

### **29.8 Day 20**

Trek from Dachen khola to Shey Gompa (4160m) it takes you about 6/7 hrs, over night at tented camp.

### **30.8 Day 21**

Enjoy the festival. Over night at Shey Gompa. Här är det program som tydligen gäller;

29/08/2012 Opening ceremony of Shey Festival.

30/08/2012 Food festival and local handicraft exhibition with demonstration

31/08/2012 Shey Ribo drugta circumambulating.

01/09/2012 Natural mask dance in the morning & Dolpo cultural show in the evening.

02/09/2012 Horse, yak and goat race. Exhibition of traditional Amchi Treatment and practices.

03/09/2012 Final day gathering of every high lamas long life Blessing by his holiness (H.H Hechen Rabjam Rimporche)

### **31.8 Day 22**

Shey Gompa. Enjoy the festival over night at Shey Gompa. During the festival there will be lot's of foodstalls selling ...whatever. But keep in mind that Buddhists are vegetarians.

### **1.9 Day 23**

Shey Gompa. Enjoy the festival over night at Shey Gompa. Probably the most interesting day for us.

### **2.9 Day 24**

Helicopter flight to Pokhara, over night at Pokhara. It is a long distance, flying time is 2,5 hours. Five persons in one helicopter and max 15 kg per person.

### **3.9 Day 25**

Bus back to Kathmandu.

### **Mon 4.9 Day 26**

Day in reserve if there is any problem with the helicopters. You can choose to spend this day in Pokhara or in Kathmandu valley.

### **Tue 5.9 Day 27**

Tour is finished

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### **Följande ingår i resans pris**

- All meals (B/L/D) during the trekking period
- Accommodation (tented camp) during the trekking period
- Accomodation in hotels the remaining days
- Upper dolpo permit
- National park permit
- Monastery's fees
- airfare by helicopter from Shey Gompa to Pokhara.
- Transport by flight or by jeep Pokhara-Jomsom (we think jeep will be the best as flights are likely to be cancelled)
- Qualified tourleader

- Food during the trek. Good food in rich quantity. Mainly vegetarian and following the local cuisine.
- Well trained cook
- Highly experienced staffs
- Staffs food, clothing & salary
- Staffs insurance
- All necessary grounded transportation
- Mules will carry everything you do not need during the day. From Chakrabhot we will have yaks to carry up to Shey Gompa.
- Medical supplies (first aid kit will be available).
- Satellite telephone. You may use it if you pay the charge. Facebook?
- Arrangement of Emergency Helicopter service.
- TIMS Card (Trekker's Information Management System)
- All Local / Government Taxes
- Tips to staff.

#### Följande ingår inte i resans pris

- Personal nature expenses
- Bar bill and all kind of drinks
- Rescue & Evacuation
- Visa for Nepal. You get this on arrival at 40\$
- Bhaktapur entry fee 10\$
- Airticket to Kathmandu. Checking today the cost is 5200 SEK, Stockholm-Kathmandu return.

Kostnaden för resan är satt under förutsättning att vi blir 10 personer. Helikoptern tar 500 kg last. Priset är 42 000 kr. Anmälningsavgift 5000 kr